



## T H E S E N T I N E L

### 2024 Standard Rate Sheet\*

#### **The Standard Model:**

The Facilitator is responsible for all registrations

The Sentinel is responsible for all food services

#### **Benefits:**

Exclusive access to the property - no other guests on site

The Facilitator handles registrations and designates room allocations

Facilitator revenue increases with occupancy (seasonal)

#### **Facilitator Costs:**

Deposit (events 2-12 days):

- \$1500 non-refundable and non-transferable

Deposit (events 13+ days)

- \$3000 non-refundable and non-transferable

Full property rental

- \$3800/day

\***Includes** all guest rooms, Maloca (rooms 10 and 11), Kitchen, Sentinel staff support, Spa Area

\***Does not** include food, camping, glamping, gratuities or taxes

**Food starting at:** \$110/person/day Breakfast, Lunch, Dinner (subject to change)

- OPTIONAL ONLY: Marketing Package: \$525.00 (optional includes paid online advertising)

**Additional Fees:** incurred only if required and after conversation with facilitator/guests

- Glamping: \$95/person/day (maximum 4 people)
- Camping: \$50/person/day (maximum 4 tents, 8 people seasonal BYOT)
- Body work (\$120/hr paid to the Sentinel) and gratuities
- \$50/hr fee on late departures
- \$50/hr housekeeping fee on all stains/damage
- \$50/hr fee on last minute requests (black out curtains, birthday cakes, etc)



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- \$25/pet/night for pets
- \$15/bundle Firepit (seasonal access)

### **Participant Costs:**

- Tuition is set and collected by Facilitator
- Fees:
  - \$25/pet/night for guests with pets
  - \$50/hr housekeeping fee will be applied to all stains or damage
  - Optional: Body work (\$120/hr paid to practitioner) and gratuities

### **Important Notes:**

- Minimum occupancy: determined by Facilitator
- Maximum occupancy (including facilitators and helpers):
  - 22 people fall/winter (includes optional glamping, no camping)
  - 24 people spring/summer (includes optional glampers and campers)
- Maloca: TCM clinic subject to availability
- The Facilitator agrees to leave the Maloca in the state it was found. This includes putting all mats, blankets, cushions back in the storage room and taking home all items that were brought into the space from home (ie/ flowers, vases, mirrors, etc). Any items left behind may result in additional housekeeping charges.

### **Accommodation/Facility:**

- 6 lake facing rooms (can be configured with one king or two single beds)
- 1 King Loft (seasonal)
- 1 Queen, Lodge (adjacent bathroom)
- 2 Queen, Maloca (adjacent bathroom) or optional breakout room
- Sunroom Glamping (optional - 4 twin-shared beds)
- The Maloca temple space (1100 sq ft timber-frame round-house/ 2 bathrooms)

### **Property:**

- Spa zone: lake facing cedar-lined hot tub, cedar sauna, outdoor shower, copper cold plunge tub, patio. Open 24 hours (with conditions)
- Lodge/Great Room, eclectic library, piano
- 24 hour tea and coffee
- Patio



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- 20' picnic table
- Beach access (700 ft of lakefront)
- 6 acres of pristine forest property
- Spacious sunroom
- Maloca: yoga mats, meditation cushions, tri-fold mats, drums, gong, blankets

### **FACILITATORS**

#### **1. CANCELLATION POLICIES**

##### **14.1 Minimum occupancy cancellations**

If 4 weeks prior to the event, the required number of registered participants is less than 8, The Parties agree to cancel.

##### **14.2 Other cancellations**

In the event of any other cancellations due to natural disasters, acts of God, etc, The Sentinel will respond on a case by case basis.

##### **14.3 Participant cancellations**

The Parties share responsibility for clearly communicating their individual cancellation policies to their participants. The Sentinel cancellation policies will be posted on the event registration page.

**\$75 Cancellation Fee for all cancellations** - no matter how far before etc (hotel and retreat)

### **PARTICIPANT Cancellation Policy**

1.1 Retreat payments are 100% refundable 60+ days prior to the start date.

1.2 Retreat payments are 50% refundable 30-59 days before the start date.

1.3 Retreat payments are 0% refundable less than 30 days before the start date.  
Retreat payment can be made towards full credit for another event hosted by the same facilitator within 1 year.



## T H E S E N T I N E L

### General:

- The Sentinel Retreat and Wellness Center exists to realize the full potential of humanity. We pride ourselves on our remote location, attention to detail, and ensuring our guests enjoy a calm and comfortable environment.
- We require all guests and facilitators to provide their personal contact information for safety and liability purposes. The facilitator may provide the information to us 2 weeks in advance to their event or we will ask the guests to provide it prior to the event during our orientation and conditions of entry check-in.
- There are no televisions or vending machines on the property.
- The hot tub and sauna are for the exclusive use of our registered guests. Beach towels are available in each guest room.
- The facilitators, Sentinel team and practitioners agree to respectively communicate and coexist during events.
- **COVID 19: (when applicable)**
- The Sentinel is dedicated to the safety and comfort of our team and guests. We follow all Ministry of Health guidelines and require that guests do the same.
- [\\*Conditions of Entry](#) will be strictly adhered to **ONLY** when provincial regulations require it.
- Any guest in resistance to our conditions will be asked to leave, no refunds. No exceptions.

\*The Sentinel reserves the right to update this rate sheet when and as deemed necessary.

Version 8

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