



# THE SENTINEL

## WELCOME TO YOUR PRIVATE MEDICINE CEREMONY

YOUR JOURNEY HAS BEGUN. OVER THE LAST 5 YEARS, MANY GUIDES HAVE BEEN TRAINED AT THE SENTINEL, AND WE HAVE SELECTED AND VETTED SOME OF THE FINEST.

IT'S WONDERFUL YOU ARE DOING YOUR RESEARCH WHICH HAS BROUGHT YOU TO THIS PAGE. WHAT IS IT YOU ARE SEARCHING FOR?

MOSTLY WE FIND IT IS A WISH TO INTERRUPT A CURRENT WAY OF BEING THAT NO LONGER SERVES YOUR HIGHEST WELLBEING, OR YOU MAY BE LOOKING FOR THE ROAD BACK TO YOUR INNATE SELF SO YOUR UNIQUE GIFTS MAY SHINE IN THE WORLD.

YOU WOULD BE CORRECT IN THINKING YOUR LIFE WILL NOT BE THE SAME - THIS WORK MAY PROVIDE YOU WITH SPACE AND FREEDOM THAT ALLOWS YOUR FULL SELF-EXPRESSION TO COME FORTH. PEOPLE HAVE FOUND PURPOSE, CREATIVITY, AND GOT MARRIED WHERE THERE WASN'T EVEN POSSIBILITY FOR A RELATIONSHIP. NOW THEY ENJOY RELATIONSHIPS WITH THEMSELVES AND OTHERS.

REMEMBER WE ARE NOT PROMISING ANYTHING – HOWEVER OUR GREATEST JOY IS WITNESSING OTHERS REALIZE THEIR FULL POTENTIAL.

YOUR PRIVATE CEREMONY IS LED BY TWO QUALIFIED PRACTITIONERS, EACH BRINGING THEIR SPECIAL GIFTS TO THE PROCESS. YOUR CEREMONY IS TAILORED FOR YOU AND MAY DIFFER FROM OTHERS AS IT IS UNIQUE FOR EACH INDIVIDUAL.



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## EXPERT GUIDE SESSION | SENTINEL FACULTY

**\$5000.00**

SINGLE PARTICIPANT SESSION (EXCLUDING FOOD, LODGING AND BODYWORK)

A \$1000 NON-REFUNDABLE DEPOSIT IS REQUIRED TO SECURE YOUR SESSION AND COMMITMENT. THIS DEPOSIT WILL BE APPLIED TO YOUR FINAL INVOICE

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### RATES INCLUDE: DURATION 3 NIGHTS

- EXTENSIVE SCREENING & INTAKE PROCESS
- SET AND SETTING PREPARATION ON SITE
- CUSTOMIZED MEDICINE SESSION
- INTEGRATION SUPPORT
- APPROXIMATELY 25 HOURS OF INDIVIDUALIZED WORK

### ADDITIONAL COSTS

- |                               |                 |
|-------------------------------|-----------------|
| • LODGING/PER NIGHT           | <b>\$250.00</b> |
| • FOOD/PER PERSON/PER NIGHT   | <b>\$110.00</b> |
| • BODYWORK STARTS AT/PER HOUR | <b>\$120.00</b> |

**\*ALL SESSIONS DEPEND ON PRACTITIONERS SCHEDULE AND AVAILABILITY**



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## OUR FACILITATORS

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### TRADITIONAL CHINESE MEDICINE PRACTITIONER

- LENI NEUMEIER

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### REBALANCING MASSAGE

- DAYNA TAYLOR

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### THAI MASSAGE

- TYSON BARTEL

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### SHIATSU

- PETER RADOMSKI

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### SOUND BATH

- ROBERT BLACKMORE
- NOEMI KISS

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### YOGA

- JOSANA STARBUCK
- TYSON BARTEL

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### ADDITIONAL SERVICES

- NECTARA – INTEGRATION AND EDUCATION

## THE SENTINEL PROPERTY

- **SPA ZONE:** LAKE FACING CEDAR-LINED HOT TUB, CEDAR SAUNA, OUTDOOR SHOWER, COPPER COLD PLUNGE TUB, PATIO. OPEN 24 HOURS (WITH CONDITIONS)
- **LODGE/GREAT ROOM,** ECLECTIC LIBRARY, PIANO
- **24 HOUR TEA AND COFFEE**
- **PATIO** OVERLOOKING THE SELKIRK MOUNTAINS
- **20' PICNIC TABLE**
- **BEACH ACCESS** (700 FT OF LAKEFRONT)
- **6 ACRES** OF PRISTINE FOREST PROPERTY
- **SPACIOUS SUNROOM**
- **MALOCA:** YOGA MATS, MEDITATION CUSHIONS, TRI-FOLD MATS, DRUMS, GONG, BLANKETS

